

**Seven Upper Chakras:** The most subtle of the 21 *chakras* lie above and within the crown *chakra* at the top of the head. Āgamic Hindu tradition delineates seven levels of *Paranāda*, the first *tattva* and the highest stratum of sound. They are:

*vyāpinī*, *vyomāṅga*, *anantā*, *anāthā*, *anāśritā*, *samanā* and *unmanā*, experienced by a rare few as a conglomerate of *nāḍīs*, spiritual nerve currents, stimulated and developed by many *samādhi* experiences.

NAME	LOCATION/ PLEXUS	ATTRIBUTE	MOTOR ORGAN	ENDOCRINE GLAND	COLOR/ METAL	DEITY/ ŚAKTI	VEHICLE	PLANE	PLANET	ELEMENT/ SENSE	PETALS	LETTER*
7) <i>sahasrāra</i>	crown of head/ pituitary	illumination		pituitary	gold	Śiva/ Nirvāṇaśakti		Satyaloka	Neptune	Śūnya ( v o i )	8 o o o i d )	
6) <i>ājñā</i>	third eye/ cavernous	divine sight		pineal	lavender/ silver	Ardha-nārīśvara/ Hākinī	swan	Tapoloka	Uranus	<i>mahā-t a t intuition</i>	2 t t	A u m v a /
5) <i>viśuddha</i>	throat/ pharyngeal	divine love	mouth	thyroid, parathyroid	smokey purple-blue/ mercury	Sadāśiva/ Śākinī	peacock	Janaloka	Saturn	ether/ hearing	16	H a m / Y a
4) <i>anāhata</i>	heart/ cardiac	direct cognition	hand	thymus	smokey green/ copper	Īśvara/ Kākinī	deer	Maharloka	Jupiter	air/ touch	12	Y a m / V ā
3) <i>maṇipūra</i>	solar	willpower	feet	pancreas	yellow-amber/ iron	Mahārudra/ Lākinī	ram	Svarloka	Mars	fire/ sight	10	R a m / Ś i
2) <i>svādhiśthāna</i>	navel/ hypogastric	reason	genitals	ovaries/ testicles	reddish orange/ tin	Vishṇu/ Śākinī	crocodile	Bhuvanloka	Venus	water/ taste	6	V a m / M a
1) <i>mūlādhāra</i>	base of spine/ sacral, pelvic	memory, time, space	anus	adrenals	red	Gaṇeśa & Brahmā/ Dākinī	elephant	Bhūloka	Mercury	earth/ smell	4	L a m / N a
1) <i>atala</i>	hips	fear, lust						Put				
2) <i>vitāla</i>	thighs	raging anger						Avichi				* The first sound in the “letter” column is the <i>bija mantra</i> associated with the <i>chakra</i> ; the second is the syllable of the Pañchākshara Mantra associated with the <i>chakra</i> .
3) <i>sutāla</i>	knees	retaliatory jealousy						Sāmhāta				
4) <i>talātāla</i>	calves	prolonged confusion						Tāmisra				
5) <i>rasātāla</i>	ankles	pure selfishness						Ṛijisha				
6) <i>mahātāla</i>	feet	absence of conscience						Kuḍmala				
7) <i>pātāla</i>	soles of feet	malice, murder						Kākola				